

Southern NH Reiki Center
September 2008 Newsletter

Namaste Reiki friends and family!

I hope you had a fun, exciting and fulfilling summer! It seems to have sped right by, and now here we are halfway through September, nearing the fall equinox, and an early leaf peeping season I think!

Please take time to send prayers, healing energy and/or donations to those affected by the recent hurricanes and remember we have some in our own state still reeling from the tornados that blew through. Reach out into the community and help, with donations or labor if you are able!

We are gearing up for our second season teaching for Derry Adult Education on the 30th of this month, please be in contact Connie Toombs at 603-432-1245 if you would like to take Reiki Level 1 in this setting.

I have been asked if I will teach Reiki 2 at the school, but that is not feasible at this time. I will, however, offer it at my office in the same format, which is a 6 week session. Check the schedule for the dates and times. There is also a new date and time for the monthly Reiki Clinic and Practitioners Share.

We are excited to announce that we will be doing more seminars, workshops and private coaching for deliberate creation and bringing back the popular Explorers Series. We will also be offering more expanded services which utilize my training in other modalities such as Soul Body Fusions, Shamanic Practices, and Karuna Reiki, and more. In addition to the monthly newsletter, we will also be sending out updated class reminders, as I am not always able to have the newsletter ready for the beginning of the month.

I will not deluge anyone with multiple mailings, just a monthly reminder! We love to hear from you and welcome your questions and comments. I will be incorporating some of these questions into this newsletter in future issues, so all our readers receive the benefit.

As you can see, the holiday also provided the opportunity for reflection and planning! Our intention is to provide you, our clients and students, with as much knowledge and new tools for growth and awareness as possible, and we are working to manifest this. The website will also be undergoing reconstruction in the next month or so, adding new services to the menu for our students, as well as a list of practitioners and teachers trained here.

Another important change is in the cost of private sessions.

I have not raised my rates in years, but it is now essential to do so. I do a great deal of counseling and deliberate creation in addition to Reiki in each of my sessions which are generally 2 hours. This is a natural progression, and very effective for my clients, as it gives them multiple tools and ideas to work with to improve their lives more quickly.

As of October 1st, 2008 sessions will be \$80.00 and students will be \$45.00.

We do offer a sliding fee program, and payment plans, for those in need.

On call services are still available, please contact us for those fees.

We will no longer offer a complimentary session for interested students, however this may be arranged at the student fee of \$45.00, one time. If you choose to take training, the cost will remain at that price as one of your many student benefits.

Class fees will remain the same and I will be expanding my service area to more towns.

I am available teach all over New England. Please contact me if you would like to schedule a class in your area. Sponsors generally receive reduced or even free training!

WE ARE MOVING FORWARD WITH GREAT ANTICIPATION AND JOY TO A WONDERFUL FUTURE. WE THANK YOU FOR CHOOSING US TO PROVIDE YOU WITH EXEMPLARY REIKI, AND OTHER ALTERNATIVE SERVICES, AND WISH YOU MANY BLESSINGS ON YOUR JOURNEY!

Many of you wrote to ask if everything is okay since we did not publish a newsletter for August. The answer is yes, all is well and thank you for missing us! It was a very busy month for us. We hosted our first annual Reiki Practitioner Celebration on the full moon August 16th, which was also the day of the partial lunar eclipse, and the anniversary of the Harmonic Convergence of 1987. A very auspicious day!

This annual celebration is to honor and show appreciation for all those practitioners and clinic volunteers who help make the Reiki Clinic and Share so successful. We are very blessed to have such a devoted, loving, and talented group!

Our day began with bright sunshine and an early morning outing for 10 of us to Americas Stonehenge, in Salem NH.

As many people are aware, this site was used by ancient cultures as an astronomical time wheel. Although we do know some about this place, there is also much we don't know..of course "Inquiring minds want to know! So.. we did a little "Intuitive Investigating" just for the fun of it, and to exercise our psychic muscles!

We conducted a Reiki honoring and healing ceremony and asked to connect with the energies and spirits of this sacred space. We honored Usui Sensei, the sun, moon and mother earth and did group reiki healing. Usui Sensei, the founder of Reiki, was born on August 15th 1865 and would be 144 years old! It has been 82 years since his transition in 1926. No doubt he is very pleased as he observes us in spirit, as it was his sincere wish to have this wonderful system of healing and spiritual development be available to all! I believe we have numbers over 4 million now, and it has become an accepted CAM therapy with programs offered in most all hospitals and healing centers world wide. We have come a long, long way from the days of doing "voodoo!" Thank you Usui Sensei, for sharing this with us. It was not the custom in Japan to do this in that space and time, and we are so deeply appreciative for the gift!

After the ceremony, we were off! Each person roaming freely connecting with the stones and the land, taking notes or many pictures, some using dowsing rods to guide. A delightful time was had by all meeting each other here and there on the various trails, sharing lunch and conversations in the warmth of the sun and the letting the Reiki Energy guide us and bless us with intuitive insights while also doing Reiki wherever we felt called to.

A brief, but severe, thunderstorm moved through as we were returning to the main lodge, so we finished up by perusing through the gift shop, which really has some unique merchandise at very reasonable prices. We then returned to my home, where we were joined by other family members and those unable to join us at Stonehenge, to share our

findings with each other and wait for the weather to clear so we could continue our celebration.

Before long the storm passed and about 30 of us shared a buffet of delicious foods and enjoyed wonderful conversations, much fun and laughter before lighting the fire and having a few fireworks for those who were heading home. We all then settled in around the fire and did a simple full moon ceremony and topped off the day with a fireworks display.

Many stayed til the wee hours of the morning to just sit in the energy and peace of the beautiful day. Thanks so much to all of you for a fantastic, fun filled day.... and night!

The office then closed for holiday and reopened on the 2nd of September. It was so great to enjoy the end of summer with plentiful sunshine and perfect weather!

Many Reiki Blessings, Have a great month! Beth Crawford

Congrats to our private training students from August;

Level 1: Holly Noiseaux

Level 2: Paige Abbott, Michelle Girad, Lynne McCarthy

May the energy of Reiki guide and bless you abundantly and eternally!

SEPTEMBER SCHEDULE

SEPTEMBER 15TH...HARVEST FULL MOON...

Give thanks for your many blessings, finish up projects. Harvest and store what you have sown, be it from your earthly garden or the rich garden of your mind! Release what no longer serves you and set your intentions for the new month. Mark time by the cycles of the moon.

SEPTEMBER 20TH: ADVANCED REIKI TRAINING 9AM -6 PM...\$225.00

Pre-requisite Reiki Level 2...Advanced training is a pre-requisite for Master Training.

Ideally a student should be self treating and actively practicing Reiki for 6 months before taking this training. A copy of your Level 2 certificate is necessary.

There is still time to sign up! Register through Pay Pal for quick reservation.

Masters Class may be taken directly after this level, if you desire.

SEPTEMBER 21ST:GLOBAL WORLD PEACE DAY...Choose the time and place that is right for you and join your consciousness with that of other like minds to amplify the

energy and expand the mass consciousness in the direction of peace. Spend time in meditation and visualization focusing on peace and sending healing energy, thoughts, prayers to all nations, world leaders, situations, peoples.

SEPTEMBER 22...AUTUM EQUINOX: CELEBRATE FALL!

*******SEPTEMBER 28TH *******

New format!

REIKI PRACTITONERS SHARE: 12 TO 2 PM and SOCIAL HOUR 2-3:30 \$10.00

PUBLIC CLINIC: 4-6PM....BY APPOINTMENT 30 MINUTES \$20.00

SEPTEMBER 30TH

Classes for Derry Adult Education begin at Hood School 6:30 -9

OCTOBER

MASTER CLASS FRIDAY OCTOBER 4TH 4-8 pm (1 of 4 classes) \$650.00

Other dates: OCT. 9th, OCT. 24th, and NOV. 7th

THURSDAY OCT. 9TH 4-8 PM MASTER CLASS

(Class 2 of 4)

REIKI 1 and 2 OCT. 11th and 12th...\$.350.00

Level 1..\$125.00 Level 2 \$225.00

No more discounts! Can you take that off the website?

EXPLORERS SERIES

OCTOBER 19TH 1-4 PM \$50.00

AWAKEN YOUR INNER ARTIST!

No experience necessary.

Join me for this fun, experiential workshop with my wonderful friend and accomplished contemporary artist and Reiki Master Raven Sky McDonough at her Candia home studio.

We'll have lots of fun and you will bring home your very own masterpiece!

Directions will be given at registration: Beautiful rural setting minutes off 101 in Candia.

Feel free to check out her work at:

[Http://www.RavenSkyStudioNH.com](http://www.RavenSkyStudioNH.com)

Don't procrastinate, class size is limited to 6 to ensure proper attention!

OCTOBER 24TH MASTER CLASS 4-8 PM

(3rd of 4 classes)

OCTOBER 26, REIKI SHARE AND CLINIC

SAME FORMAT AND TIME

OCTOBER 31ST...HAPPY HALLOWEEN

HAVE A SAFE, FUN HOLIDAY...HONOR YOUR ANCESTORS!