

# Southern NH Reiki Center NEWSLETTER

May 2008

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Namaste Reiki friends and family!

I hope that you all have been happy, healthy and enjoying life. Please forgive me for getting this newsletter out so late, to say a lot has been happening for myself, (and many others), would be an under-statement! Thank you for you love, support, and patience as life comes back into balance.

First, I would like to extend condolences to the families who have recently had loved ones journeying home to spirit..may they be blessed in their transition and new beginning, and may their loved ones here on Earth find peace and solace in their happy memories made together in this lifetime.

Second, congratulations to our Advanced Reiki Class "graduates", Holly Sutherland, Angela Pare, Sandy Schneider and Norene McGhee! One more step to Master Training...Yeah!!! Keep shining that light!

Third, so many of you have questions as you keep hearing us speak of Wesak and the energies shifts that have been occurring at this time. I am reprinting an article here from a website with excellent information about this special spiritual time of the year, and I invite you to check it out and become more informed. There is also another website I will direct you to that will give you the astrological breakdown of this particular Wesak, as it is different than past years. We actually have two moons in the celebration this year and the energies that have been building are very intense. This is all very good, in the long run, however it is a time of upheavals as well. Whatever needs to be cleaned out, released, healed whether it be mental, emotional spiritual or physical (body or home) has been coming to the surface. Sometimes this is gentle, other times it is not, know that it is all for our highest good!

Please take a few moments to look over this months schedule, mark your calendars or go to the website for more information or to register for classes, and then take the time to explore the information regarding Wesak.

This year I will be celebrating Wesak at my sacred spot on Mount Washington, so if any of you have special requests for yourselves, the world, humanity please email them and I will include them in my ceremony. You may also choose to join your energy with mine, from wherever you are beginning at 11:11 am.

The office will be closing the 19th and re-opening on the 23rd, as we dedicate ourselves to Wesak and world service!

**Love and Blessings for a wonderful, deeply healing month.**

**Beth Crawford, RMT**

## Significance of Wesak

The annual cycle of the Spiritual Festivals offers opportunity for people of all faiths to cooperate. Together, the three full moon festivals of Aries, Taurus and Gemini form a united spiritual approach by humanity to divinity.

The Wesak Festival has been traditionally associated in eastern civilization with the Buddha, divine intermediary between the highest spiritual center on the planet, Shamballa, and the Hierarchy. The Buddha is the expression of the Wisdom of God, the embodiment of Light and the indicator of divine purpose, cooperating at this festival with his brother the Christ, who represents the Hierarchy. The Buddha embodies the Principle of Light, and because of this illumination humanity was able to recognize the Christ, embodiment of the still greater Principle of Love.

Each year at the time of Wesak, two great streams of energy ~ one focused through the Buddha and the other through the Christ ~ are fused and blended, and it is the task of world servers to precipitate this combined energy into the waiting world.

The Wesak Festival is indeed a great spiritual event, with a powerful effect upon humanity. Groups of aspirants can at this time become channels for the higher energies released through the medium of the two focal points ~ the Buddha, who represents the over lighting essence of subjective realities, and the Christ, representative of aspiring humanity.

This is symbolized in religious rituals where the priest acts as the focal point; here, however, the priesthood in this great ceremony of contact is not a separate entity. All can be priests, the single qualification being the capacity to align oneself and be *en rapport* with the Soul, and thus be able to cooperate with other souls.

Wesak is a time of unusual inflow of life and of spiritual stimulation, serving to vitalize the aspiration of all humanity. At the time of the festival, through the united effort of the Christ and the Buddha working in closest cooperation, there is opened a channel of communication between humanity and deity through which an approach can be made to Those Who guide our planet, so that aspirants and disciples are able to contact energies not otherwise easily available.

In mutual service to humanity, at Wesak the Buddha and the Christ bring about a linking that blends East and West, uniting the world's major religions in a shared holy day in which religious distinctions disappear. In the beautiful water ceremony of communion is portrayed the symbol of the new age which is upon us, the Aquarian Age, the age of the Water Carrier.

During the Wesak Festival the Buddha becomes the "absorbing Agent" of Will. He uses the magnetic power of Love-Wisdom to attract this force to Himself and hold it steady, prior to redirecting it. The Christ then ~ on behalf of the Hierarchy ~ becomes the "receiving Agent" of this potent energy and the groups of Masters Who work with the human

and sub-human kingdoms (in response to His demand) become the "directing Agents" for the sevenfold expression of this force.

So around the Wesak Festival, expansions of consciousness are made possible that are not possible at other times. Those of goodwill are stimulated spiritually to take initiation, in order to penetrate more deeply and consciously into the mysteries of the Kingdom of God. These reveal more about the wonder of our divinity, and about the Plan to which humanity is conforming. Each year, the Wesak marks the beginning of a cycle for the New Group of World Servers, that comprise three-year cycles of crisis, tension, and emergence.

At the Wesak Festival we may honor the Buddha, as well as ourselves, as dedicated transmitters of the energy that can be contacted at the full moon in Taurus. Each year as we experience the Wesak more consciously, it's important to hold the space for the inflow and distribution of energies, through safeguarding.

The focused interplay of many minds working together in meditation produces a unity of thought powerful enough to reach the Great Lives watching over and guiding our planet. And the combined aspiration, consecration, devotion and intelligence of the group carries everyone to greater heights than could be attained alone.

The greater the number of people who meditate at this time, the stronger the magnetic field of the group heart and its invocative, in drawing power. It's up to each of us to attune with ever greater clarity to the note being sounded ~ to quiet the mind and transmute individual desires that only cause confusion and chaos, into desire for the greatest good of all.

We know where we are aligned ... with the Source of all that is. That Source provides uniquely and cooperates with All who are tuned to Its note of Life.

## Key Wesak Quotes:

From the Books by Alice A. Bailey

- In 2008 the Festival of the Wesak full moon in Taurus occurs on Sunday, April 20 at 3:25 am PDT (10:25 UT).
- There is also a second Taurus full moon on Monday, May 19 at 7:11 pm PDT (02:11 Tuesday, May 20 UT).

**TO LEARN MORE ABOUT WESAK AND THE 3 FESTIVALS:**

<http://www.souledout.org>

**TO LEARN MORE ABOUT THE ASTROLOGICAL IMPACT:**

**You will find both of these sites very informative..there is simply too much information for me to be able to condense! Have fun!!**

<http://www.AngelGatherings.com>

Go to the Archives and select Wesak **Portal**

## Upcoming Events at Southern NH Reiki Center:

For more information please go to the website:

<http://www.bethcrawford.com/>

or call 603-425-6977 to make reservations.

### Schedule as of May 2008:

#### CERTIFIED ADVANCED REIKI TRAINING

MAY 4th 9AM- 6PM \$225.00

September 20th 9AM- 6PM \$225.00

Prerequisite: Reiki levels 1 and 2 (all Reiki lineages welcome)

Copy of highest level necessary (Sorry but I do not accept on line certificates).

#### CERTIFIED REIKI MASTER TRAINING

May 31st and June 1st: 9am - 6pm both days \$650.00

October 4th and 5th: 9am - 6pm both days \$650.00

Pre-requisite: Advanced Reiki Training

Discount given for students who have taken ART with SNHRC - contact Beth for details.

#### MAY 18th PUBLIC WELLNESS CLINIC

4-6 PM Always the 3rd. Sunday Monthly

\$20.00 Donation

Experience the Healing Energy of Reiki, OR Integrated Energy Therapy. 3 Sessions for each available. Appointments at 4, 5, or 6pm. Pre-registration preferred, walk ins welcome if time allows experience the Healing Energy of Reiki, OR Integrated Energy Therapy Choose from: 30 Min. of blissful Reiki Therapy OR 30 Min. of wonderful Integrated Energy Therapy!

#### REIKI PRACTITIONER SHARE 7-9 PM

4-6 PM Always the 3rd. Sunday Monthly

\$10.00 Donation

(students may also choose to help with the public share)

For all levels of students and certified practitioners. Hone your Reiki skills, and enjoy a treatment.

Always a fun, joyful experience..great for the soul!

#### CERTIFIED REIKI TRAINING WORKSHOPS

NEW! Tuesday Day or Evening classes now offered!

REIKI LEVEL 1:

4 Week session: \$125.00

May 27th - June 24th (no class June 17th)

Morning Class: 9:30 am - 12:00 pm

Evening Class: 6:30 pm - 9:00 pm

REIKI LEVEL 2:

4 Week session: \$125.00

July 8th - July 29th

Morning Class: 9:30 am - 12:00 pm

Evening Class: 6:30 pm - 9:00 pm

Full day Reiki Classes:

REIKI LEVEL 1: \$125.00

Saturday June 28th 9:00 am - 6:00 pm

Sunday July 26th 9:00 am - 6:00 pm

REIKI LEVEL 2: \$225.00

Saturday June 29th 9:00 am - 6:00 pm

Sunday June 27th 9:00 am - 6:00 pm